



GATEWAY ENT
ear, nose and throat specialists

POST-OP INSTRUCTIONS NECK SURGERY

Thank you for choosing Gateway ENT for your procedure. Please know we are available to answer any questions or concerns. We look forward to seeing you at your follow up appointment after your procedure - usually about one week after surgery.

Concerns you may have after surgery and After Care

A small amount of swelling is expected
It is normal to have itching around the incision
Do not use triple antibiotic ointment on the incision

Diet and Activity

Normal diet
No strenuous activity or exercise for two weeks

Medications:

Pain medications will be prescribed
Ice to the incision 10 minutes on, 10 minutes off for the first 48 hours as needed

Call 314-843-3828 or our exchange at 314-364-5288 for:

- Fever greater than 101
- Increase in swelling around the incision
- There is excessive drainage from the incision
- Numbness or tingling around the lips or finger tips as this can be a sign of low calcium (thyroid and parathyroid surgeries)
- Difficulty breathing

If you have a medical emergency, go to the nearest emergency room or call 911.

