



**GATEWAY ENT**  
ear, nose and throat specialists

# POST-OP INSTRUCTIONS EAR TUBES

Thank you for choosing Gateway ENT for your procedure. Please know we are available to answer any questions or concerns. We look forward to seeing you approximately two weeks following your procedure.

## Concerns you may have after surgery

Following ear tube placement, it is not uncommon to see minor bloody drainage from the ears. This is normal and not a cause for concern.

It is ok to bathe and shower as normal without ear plugs.

## Diet and Activity

Normal, no restrictions

## Medications:

Use ear drops if prescribed

Use Tylenol or Ibuprofen as needed for pain

Call 314-843-3828 or our exchange at 314-364-5288 for:

Fever greater than 101

Persistent ear drainage lasting more than five days

If you have a medical emergency, go to the nearest emergency room or call 911.

